

shorts that don't bunch upward



[surreal030](#) 11 posts since

Jan 16, 2007

So which ones are good? It is getting hot out and I need some great new running shorts that won't ride up and will provide decent coverage without being too granny.



[pcsrnbo006](#) 1,323 posts since

Dec 14, 2007 1. **Re: shorts that don't bunch upward** Apr 27, 2007 4:45 PM

I run in bike shorts. The kind I get don't have too thick of a bike-pad so they're not annoying in that way - and I do Tri's so I need to get used to it. Big Sizes

<http://www.aerotechdesigns.com/>[/URL" target="_blank">



[pmcneb](#) 582 posts since

Jan 10, 2006 2. **Re: shorts that don't bunch upward** Apr 30, 2007 2:39 PM

are you male or female?

Patty



[surreal030](#) 11 posts since

Jan 16, 2007 3. **Re: shorts that don't bunch upward** Apr 30, 2007 3:12 PM

Female. Thanks for the suggestion PCS. I need something a little more flattering than bike shorts at this point!! Maybe the ones that are liek regular shorts plus built in bike shrots would work.



[pmcneb](#) 582 posts since

Jan 10, 2006 4. **Re: shorts that don't bunch upward** Dec 27, 2007 9:39 AM

I have had good luck with Brooks shorts or the race ready ones.

shorts that don't bunch upward

But I am really tempted to get a running skirt. Even if the liner bunches up, you are still covered by the skirt part.

Problem is they are expensive.

Have you considered men's champion shorts? They seem to be cut fuller in the leg and do not bunch up either. My champion ones are probably 10 years old.....They are my all time favorites.

I have also found that if you let your shorts sag in the front they do not bunch up as much...maybe it puts more fabric into the rise of the shorts???

Patty

[[http://This](#) message has been edited by pmcneb (edited Apr-30-2007).][http://This](#) message has been edited by pmcneb (edited Apr-30-2007).]



[Abaker1961](#) 69 posts since

Oct 18, 2007 5. **Re: shorts that don't bunch upward** Apr 30, 2007 9:45 PM

Running skirts are great. I have one made by Hind. It has bike shorts underneath. No more bunching up!

Nike makes some flattering women's running shorts that don't bunch up. They don't give the "balloon waist" effect either.

Both are pricey, but money well spent.

Anne



[GreenEggsAndHam](#) 313 posts since

Jun 4, 2006 6. **Re: shorts that don't bunch upward** May 1, 2007 1:46 PM

quote:

Originally posted by pmcneb:

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shorts that don't bunch upward

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Seconding the Brooks shorts.

I tried a running skirt... worked AWFUL for me. Chafed worse than normal shorts-- It bunched up in the middle and was harder to keep down. Eck,



brandyk051 120 posts since

Oct 31, 2006 7. Re: **shorts that don't bunch upward** May 1, 2007 1:55 PM

You'll have to try on a bunch and find what fits your body. Everyone is different. I personally have 2 pairs that I like.

Moving comfort - freestyle - <http://www.roadrunnersports.com/rrs/products/MCL266/>[/URL" target="_blank">

Asics - Accent Knit Short - http://www.asicsamerica.com/products/product.aspx?PRODUCT_ID=240006444&TITLE_CATEGORY_ID=250001570/[/URL" target="_blank"> bodyglide also helps with the riding issues.

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