

How to: Qualify for the Boston Marathon



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Apr 21, 2008

The Race:

The Boston Marathon is the oldest running race in the United States. April 21, 2008 marks the 112th consecutive year. A marathon is 26.2 miles or 26 miles 385 yards to conform to Olympic Standards. The Boston Marathon course is a point-to-point route from Hopkinton to Boston. It's run on the third Monday in April on Patriot's Day, a holiday commemorating the start of the American Revolution. Entry is by time qualification. [Qualifying Standards](#) are based on age and sex. The Boston Marathon is the pinnacle of achievement for most serious runners [read more...](#)

Tags: training, sport, running, athlete, race, marathon, endurance, racing, 26.2, boston, runner, marathons, hit-the-wall, the-wall, competition



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Jul 4, 2006 1. Re: **How to: Qualify for the Boston Marathon** Apr 21, 2008 11:18 AM

I appreciate all of your clarifying details, but I'm really at a loss when I see so many people walking and crawling the 26 miles - how can that type of individual get a time and number when I'm running 10+ four-times a week and can't get a number!