

# Any runners in Conroe??

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Linda I. 1 posts since

Jun 26, 2008

I am looking for a running group or persons....to do Sat long runs in or near Conroe. My friend and I are signed up for the 2009 Houston Marathon and need experienced runners for helpful hints and help as we are preparing.



bwhite0421 1 posts since

Apr 14, 2008 1. **Re: Any runners in Conroe??** Jul 1, 2008 5:48 AM

<http://www.woodlandsfit.com/index.shtml>

has a program designed for the houston marathon. check them out.

brian



Lee\_A 1 posts since

Nov 12, 2007 2. **Re: Any runners in Conroe??** Sep 26, 2008 11:49 AM

Any runners in Conroe??

I'm in The Woodland/Conroe area - not necessarily an expert but I've done a few marathons, might be willing to help out