

Team DDSMART - Team Testimonials



[brianlaw](#) 8 posts since

Nov 30, 2007

Hey Team -

I thought I would share with you some of the testimonials we have received thus far from your fellow team members. This program has inspired many to get active and I hope you all will continue with your running careers far after the program has ended! Enjoy...

"What a great experience! I was even able to beat the time I was shooting for!"

"People liked the shirts. A lot of people would just walk up and say "America Runs on Dunkin" then walk away with a smile on their face."

" Based on this experience I would like to do another race on my own."

"Running was tough. I have always been focused on stretching, yoga, Pilates, and spinning, so getting out on the course was something new for me."

"The post-race breakfast was a great idea. I loved the Egg White Flatbreads and many race participants came up to our group and asked us questions about Dunkin' Donuts and the team."

"I would like to also say thank you to Team Dunkin' Donuts and Active Network for their support and guidance. I'm glad I have had the opportunity to be part of the program especially since it involves two of my favorite things Dunkin' Donuts coffee and running. It's been a wonderful experience."

"My training experience is rapidly progressing. I was not in a great shape when I started the first week, but now I can run a mile without walking."

"This has been the hardest physical activity I have ever done. I have been moving past what I know I CAN do to what I once thought I never could. I have never in my life run for 10/15 or 20 minutes at a time. I've been a strong speed walker for a long time. This has been a great discipline for me. God gives strength in my weakest moments."