

Sunglasses



[TimeOut1](#) 11 posts since

Oct 27, 2008

Does anyone have any opinions or thoughts about sunglasses for cycling? I need to get a new pair of prescription sunglasses for riding and saw that Oakley had many of their styles and frames available for prescription. My current pair is just too dark and dangerous to use for riding. I'm also planning on using them for running as well, but I'm more concerned with making sure I have the right functionality for cycling.

Thanks!

Time Out



[wheezingsara](#) 10 posts since

Mar 27, 2009 1. **Re: Sunglasses** Jun 13, 2009 7:15 PM

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I have spent a great deal on sunglasses over the years. Lost them broken them. I now just buy cheap ones. I try to avoid big frames cause when I sweat they fog up. Last week I fell on a wet spot on a trail. I was Wearing a helmet which broke in 7 places (protected my brain). My \$5.00 cheap sunglasses didn't come off or break. They have road rash on the temple. I got a little road rash on the side of my face but nothing like what I would have had if I hadn't been wearing them.



[Kilmurray](#) 1 posts since

Oct 28, 2007 2. **Re: Sunglasses** Jun 14, 2009 1:45 AM

I love my Tifosi Fototec (photosensitive) glasses. The red lens provides great contrast on the road and shade adjusts perfecty to all daytime light condtions--even heavy overcast. They ride high enough so as not to obstruct forward vision while looking up from the drop postion . I've had no probelms with fogging either. Light wt enough for running too (though I don't wear perscription inserts). Typical cost is <\$70.



[ahoops](#) 25 posts since

Jan 27, 2009 3. **Re: Sunglasses** Jun 15, 2009 12:43 PM

I wear a pair of Nike Skylon sunglasses with interchangeable lenses. I have a clear set of lenses for overcast or rainy weather. I've never had any trouble with them fogging up, and I know Nike makes prescription lenses, but I'm not sure if they do for this particular set. They are very light, and the arms are narrow enough and curved so they don't block peripheral vision at all.

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They're actually the set I have on in my profile picture to the left.



[skidoo99](#) 1 posts since

Apr 23, 2009 4. **Re: Sunglasses** Jun 23, 2009 6:29 AM

I just got a pair of Rudy Project Rydon sunglasses with prescription lenses and I absolutely love them. The frames are strong and lightweight. I got their newest lens, the impactrx, which is as indistructable a lens you can get. I also got the polarized photochromic which has been great for all lighting conditions and helping to reduce glare. I couldn't reccomend them any higher.



[Ed Ganze](#) 1 posts since

Apr 8, 2009 5. **Re: Sunglasses** Jun 30, 2009 7:31 AM

I have owned a variety of Oakleys over the years. I love'em! Yes, there expensive, but the optics can't be beat. Right now I'm wearing the new Jawbones with the Polarized Positive Red Iridium lens to ride in. Its just right, not too dark, but yet blocks all the glare that you can throw at it. Check'em out <http://oakley.com/pd/629>. Just at \$250, don't be a numb nut and lose them or sit on them.[<http://oakley.com/pd/6294>]



[NOLAman](#) 3 posts since

Jul 1, 2009 6. **Re: Sunglasses** Jul 1, 2009 1:44 PM

What brand and what style will depend alot on your face size and shape. For instance, I have a narrow face and do not like wide glasses. Oakley tells you what size face the glasses are designed for and I have a pair that I like. The problem with Oakley is the price.

I have been wearing a pair from precisionssporteyewear.com. They are light weight, fog resistant and best of all cheap. I picked them up at the packet pickup of a race I was in and have really enjoyed them. Oakley is better optics, but for the price, I think these are the way to go.



[dstone753](#) 2 posts since

Jul 9, 2007 7. **Re: Sunglasses** Jul 5, 2009 2:57 AM

I have tried most of the big name brands over the past 20+ years that I have been competing, and the best sunglasses on the planet (by far) are Aruba Sport. They are made the same or better than the big name brands, but cost much less. And they can make


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them with your prescription. Their styles, colors, fit and look are great. Plus they have an excellent replacement policy. Once I found them, they're all I've worn for the past 6-7 years. Check them out at www.arubasportonline.com. You will not be disappointed.



MotiveForcer 324 posts since

Jul 9, 2007 8. **Re: Sunglasses** Jul 6, 2009 7:19 PM

 in response to: [dstone753](#)

I have never heard of Aruba so I'll check that out. In the meantime I've been a fan of Oakley. OPTICS do matter and I've written about the impact resistance of these glasses for years now. I was riding down a hill, going 37 mph and a car passed me and shot a small rock from its tire directly in the path of my left eye! It came so darn fast, plus my speed too, that I did not have a blink reaction fast enough. I can still see that pebble/rock bouncing off my lens, only 6 days old. No doubt I would have had a serious injury or maybe a crash that could have killed me as I was going fast. At the bottom of the hill I was shaking. Looked at the lens of the Oakley Blades and they were not even scratched. I'm convinced that while I think we should all wear helmets all the time that we are more likely to get an eye injury when riding and this is important for trail/mtn riding as well.

So, it should have great optics, great impact resistance, great color range or window depending on ride time, low light or high light, and therefore the photochromatics may be a good choice for many of you, and of course fit. Right now I'm leaning toward the ones Mark Cavendish is wearing in the Tour de France. He is sporting special green JAWBONES from Oakley and now available at a cool bike shop near you. Oh yes, I'd only buy hydrophobic lens now that bleed away water if it happens to be misty out or raining which happens to me now and then.

As a runner, consider getting vented lenses. Most quality lenses don't fog as they used too but a vented lens might just enhance the air flow a bit for you.

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As I say to my ride cohorts here, HEADS UP!

E.J.



[DrewW17](#) 1 posts since

Jul 21, 2009 9. **Re: Sunglasses** Jul 21, 2009 11:18 AM

Oakley does have a lot of great options. I personally like the Flak Jacket for easy rides, and the Jawbone for the more variable and tough rides. The Jawbone has interchangeable lenses, so the glass can double or triple in use depending on how many different lenses you buy. I was browsing on bicycling.com and found out about this sweepstakes that is giving away 3 pairs of top of the line cycling glasses for free. I think you can enter at www.n3loptics.com. Enter and you will have a chance to try out a new pair of cycling glasses for free!