

Garmin Forerunner 305 Software



[Surfside262](#) 21 posts since

Nov 1, 2007

Does anybody know of any cool training software that I can download to from my Garmin 305 runs? (e.g. maps, analysis, etc). The software that comes with the Garmin 305 GPS is very bland. Free would be nice but not required. Thanks. See you in DC 10/25.



[MamaLady](#) 43 posts since

May 20, 2008 1. **Re: Garmin Forerunner 305 Software** Jul 3, 2009 11:33 AM

I just started using my 205 today and agree that the Garmin software seems bland. Over on runnersworld.com I've seen people mention something called SportTracks which they say is better. I'm going to look into that...



[JerryX](#) 847 posts since

Jan 18, 2008 2. **Re: Garmin Forerunner 305 Software** Jul 3, 2009 4:55 PM

Yes I agree the Garmin software is pretty bad. Also annoying that it has that automatically loading software and that you have to have the Garmin plugged in to work.


I found this freeware MUCH more useful. In fact, I've stopped using the Garmin software altogether.

<http://www.zonefivesoftware.com/SportTracks/>



[HanHail](#) 185 posts since

Jan 14, 2008 3. Re: **Garmin Forerunner 305 Software** Jul 3, 2009 7:20 PM

 in response to: [JerryX](#)

+1 for SportTracks

You can track other workouts (treadmill, swimming, walking etc. or define your own workout such as Tempo etc.) and also track mileage on your shoes (any equipment for that matter).



[Irish Runner77](#) 774 posts since

Nov 1, 2007 4. Re: **Garmin Forerunner 305 Software** Jul 4, 2009 8:27 AM

 in response to: [JerryX](#)

I second Jerry on SportsTracks...it's very useful, has better maps, and also a good equipment logging system.



[Surfside262](#) 21 posts since

Nov 1, 2007 5. Re: **Garmin Forerunner 305 Software** Jul 4, 2009 9:57 AM

Thanks everyone for your tips and comments.

I did download the Sports Track software but I must be missing something because I cannot get it to run.


Thanks again.



[Surfside262](#) 21 posts since

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Nov 1, 2007 6. Re: **Garmin Forerunner 305 Software** Jul 5, 2009 6:57 PM

 in response to: [Surfside262](#)

Thanks for the tip on the Sport Tracks software. I finally got it to download and run and it is substantially better than the vanilla Garmin software.